

# GLACIER VALLEY FARM CSA

Community-Supported Agriculture based in Alaska

## GLACIER GRIST RECIPE INDEX

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### A

#### almonds

chard with golden raisins & almonds, 8

#### apples

butternut squash soup with apple confit, 10  
cabbage & fennel salad with apples & raisins, 4  
celery-apple salad with currants & walnuts, 10  
warm red cabbage salad, 6

### B

#### beans, black-eyed peas

African peanut stew with sweet potatoes, kale, and  
black-eyed peas, 6

#### beans, white

tuscan white bean stew with greens, 3

#### beets

beet salad with horseradish dressing, 3  
beets, greens & lemony dill vinaigrette, 4  
roasted beets, 5

#### blueberries

red cabbage with berries & balsamic, 3

#### broccoli

indian-spiced red lentils with broccoli, 12  
pasta with loads of broccoli, green olives and pine  
nuts, 2  
roasted broccoli with garlic, 10

#### Brussels sprouts

Brussels sprouts with mustard & caper sauce, 5  
brussels sprouts with toasted hazelnuts, 7  
roasted Brussels sprouts, 4

### C

#### cabbage, green

bubble & squeak, deconstructed, 2  
cabbage & fennel salad with apples & raisins, 4  
cabbage and potatoes with pesto, 10  
cabbage salad with lime and oregano, 1  
collards & Savoy cabbage with white beans on garlic  
toast, 1  
pasta with savory cabbage & walnuts, 13

#### cabbage, red

cabbage salad with lime and oregano, 1  
red cabbage with berries & balsamic, 3  
sweet & sour red cabbage, 12

#### cabbage, Savoy

collards & Savoy cabbage with white beans on garlic  
toast, 1

#### carrots

butternut squash soup with apple confit, 10  
carrot & mint salad with currants, 5  
carrot dip with sunflower seeds and cumin, 2  
Indian-spiced roasted potato salad with carrots, 1, 7  
lentil soup, 1  
pasta with savory cabbage & walnuts, 13  
roasted carrots & turnips, 4  
tomato soup, 11  
tuscan white bean stew with greens, 3  
wine-braised lentils, 8

#### cauliflower

green cauliflower with mustard & caper sauce, 1

#### celery, 5

acorn (or delicata) squash filled with wild rice, golden  
raisins, and pine nuts, 11  
African peanut stew with sweet potatoes, kale, and  
black-eyed peas, 6  
butternut squash soup with apple confit, 10  
carrot dip with sunflower seeds and cumin, 2  
celery root gratin, 9  
celery-apple salad with currants & walnuts, 10  
lentil soup, 1  
sunchoke bisque w/ hazelnut oil, 13  
tuscan white bean stew with greens, 3  
whole pumpkin baked with savory apricot & prune  
stuffing, 5  
wine-braised lentils, 8

#### celery root

celery root gratin, 9  
super-easy roasted celery root, 9

#### chard

beet salad with horseradish dressing, 3  
braised hearty winter greens, 9  
chard with golden raisins & almonds, 8  
leek & potato soup with greens, 13

#### collards

braised hearty winter greens, 9  
collards & Savoy cabbage with white beans on garlic  
toast, 1  
indian diced potatoes with greens, 11  
leek & potato soup with greens, 13  
tuscan white bean stew with greens, 3

#### croutons

garlicky whole-grain croutons, 11, 13

#### cucumber

cucumber salad with peanut-jalepeno dressing, 2

## F

### fennel

- acorn (or delicata) squash filled with wild rice, golden raisins, and pine nuts, 11
- cabbage & fennel salad with apples & raisins, 4
- green salad with pears, fennel and pear vinaigrette, 9

## G

### garlic oil, 2, 5, 6

- Brussels sprouts with mustard & caper sauce, 5
- bubble & squeak, deconstructed, 2
- green cauliflower with mustard & caper sauce, 1
- turnips roasted in garlic oil, 6

### greens, beet

- beet salad with horseradish dressing, 3
- beets, greens & lemony dill vinaigrette, 4

### greens, collard

- braised hearty winter greens, 9
- collards & Savoy cabbage with white beans on garlic toast, 1
- tuscan white bean stew with greens, 3

### greens, hearty winter

- African peanut stew with sweet potatoes, kale, and black-eyed peas, 6
- braised hearty winter greens, 9
- indian diced potatoes with greens, 11
- leek & potato soup with greens, 13
- tuscan white bean stew with greens, 3

## K

### kale

- African peanut stew with sweet potatoes, kale, and black-eyed peas, 6
- braised hearty winter greens, 9
- indian diced potatoes with greens, 11
- leek & potato soup with greens, 13

## L

### leeks

- leek & potato soup with greens, 13

### lentils

- indian-spiced red lentils with broccoli, 12
- lentil soup, 1
- wine-braised lentils, 8

### lettuce

- green salad with hazelnuts and rosemary-balsamic vinaigrette, 1
- green salad with pears, fennel and pear vinaigrette, 9
- potato and onion salad with smoked salmon, 2
- the easiest salad dressing (and salad) ever, 3

### lime

- cabbage salad with lime and oregano, 1
- cucumber salad with peanut-jalepeno dressing, 2
- ginger-lime yams, 8

## M

### marinara sauce

- spaghetti squash with marinara sauce, 13

### mint

- carrot & mint salad with currants, 5
- cucumber salad with peanut-jalepeno dressing, 2

### mushrooms

- bubble & squeak, deconstructed, 2

## O

### onions

- African peanut stew with sweet potatoes, kale, and black-eyed peas, 6
- braised hearty winter greens, 9
- brussels sprouts with toasted hazelnuts, 7
- bubble & squeak, deconstructed, 2
- butternut squash soup with apple confit, 10
- cabbage and potatoes with pesto, 10
- cabbage salad with lime and oregano, 1
- celery root gratin, 9
- chard with golden raisins & almonds, 8
- collards & Savoy cabbage with white beans on garlic toast, 1
- green salad with hazelnuts and rosemary-balsamic vinaigrette, 1
- indian diced potatoes with greens, 11
- indian-spiced red lentils with broccoli, 12
- lentil soup, 1
- pasta with loads of broccoli, green olives and pine nuts, 2
- pasta with savory cabbage & walnuts, 13
- potato and onion salad with smoked salmon, 2
- red cabbage with berries & balsamic, 3
- sweet & sour red cabbage, 12
- tomato soup, 11
- tuscan white bean stew with greens, 3
- warm red cabbage salad, 6
- whole pumpkin baked with savory apricot & prune stuffing, 5
- wine-braised lentils, 8

### oranges

- acorn (or delicata) squash filled with wild rice, golden raisins, and pine nuts, 11
- yam & orange casserole, 12

## P

### parsley

- Brussels sprouts with mustard & caper sauce, 5
- bubble & squeak, deconstructed, 2
- cabbage and potatoes with pesto, 10
- collards, 1
- green cauliflower with mustard & caper sauce, 1
- lentil soup, 1
- wine-braised lentils, 8

### parsley root

- parsley root & potato puree, 8

### pasta

- pasta with loads of broccoli, green olives and pine nuts, 2

- pasta with savory cabbage & walnuts, 13
- pears
  - green salad with pears, fennel and pear vinaigrette, 9
- peas, black-eyed
  - African peanut stew with sweet potatoes, kale, and black-eyed peas, 6
- pesto
  - cabbage and potatoes with pesto, 10
- pomegranate
  - green salad with pears, fennel and pear vinaigrette, 9
- potatoes
  - bubble & squeak, deconstructed, 2
  - cabbage and potatoes with pesto, 10
  - celery root gratin, 9
  - garlic-roasted potatoes, 2
  - indian diced potatoes with greens, 11
  - Indian-spiced roasted potato salad with carrots, 1, 7
  - leek & potato soup with greens, 13
  - mashed potatoes with turnips, 12
  - parsley root & potato puree, 8
  - potato and onion salad with smoked salmon, 2
  - sunchoke bisque w/ hazelnut oil, 13
- pumpkin
  - whole pumpkin baked with savory apricot & prune stuffing, 5

## R

- rice
  - acorn (or delicata) squash filled with wild rice, golden raisins, and pine nuts, 11
  - brown basmati rice, 12
- rosemary
  - green salad with hazelnuts and rosemary-balsamic vinaigrette, 1
  - tuscan white bean stew with greens, 3

## S

- salad greens
  - green salad with hazelnuts and rosemary-balsamic vinaigrette, 1
  - green salad with pears, fennel and pear vinaigrette, 9
  - potato and onion salad with smoked salmon, 2
  - the easiest salad dressing (and salad) ever, 3
- salmon, smoked
  - potato and onion salad with smoked salmon, 2

- scallions
  - cabbage salad with lime and oregano, 1
  - cucumber salad with peanut-jalepeno dressing, 2
- soup
  - butternut squash soup with apple confit, 10
  - lentil soup, 1
  - tomato soup, 11
  - tuscan white bean stew with greens, 3
- squash, winter
  - acorn (or delicata) squash filled with wild rice, golden raisins, and pine nuts, 11
  - butternut squash soup with apple confit, 10
  - simple, sweet & savory baked squash, 7
  - spaghetti squash with marinara sauce, 13
  - whole pumpkin baked with savory apricot & prune stuffing, 5
- sunchoke
  - sunchoke bisque w/ hazelnut oil, 13
- sweet potatoes
  - African peanut stew with sweet potatoes, kale, and black-eyed peas, 6
  - ginger-lime yams, 8
  - roasted yams or sweet potatoes, 9
  - yam & orange casserole, 12

## T

- tomatoes
  - spaghetti squash with marinara sauce, 13
  - tomato soup, 11
- turnips
  - mashed potatoes with turnips, 12
  - roasted carrots & turnips, 4
  - turnips roasted in garlic oil, 6

## Y

- yams
  - African peanut stew with sweet potatoes, kale, and black-eyed peas, 6
  - ginger-lime yams, 8
  - roasted yams or sweet potatoes, 9
  - yam & orange casserole, 12
- yogurt
  - garlicky yogurt sauce, 11

